

# DELVING INTO THE PSALMS

## PSALM 1





# 150 Hebrew Poems

- DAVID (73)
- HEMAN & ETHAN (2)
- ASAPH (12)
- SOLOMON & MOSES (3)
- SONS OF KORAH (11)
- ANONYMOUS (49)

MANY WRITTEN FOR CHOIR... BUT NOT A HYMNBOOK

(SEE 1 CHRONICLES 25 & NEHEMIAH 11:22-23)



# PSALMS

Torah & Messiah Lament & Praise Faith & Hope



HOW LONG, O LORD?

## LAMENT

- PRAYERS OF PAIN, CONFUSION, & ANGER
- DRAW ATTENTION TO WHAT'S WRONG IN THE WORLD
- ASK GOD TO DO SOMETHING

## PRAISE

- PRAYERS OF JOY & CELEBRATION
- DRAW ATTENTION TO WHAT'S GOOD IN THE WORLD
- RETELL THE STORY & THANK GOD



GIVE THANKS TO THE LORD, FOR HE IS GOOD

## LAMENT & PRAISE

## PRAISE & LAMENT

### BOOK 1

3-41

1 BLESSED IS THE ONE WHO MEDITATES ON THE TORAH

TEACHING 5 BOOKS OF MOSES

PSALMS = A NEW TORAH ABOUT PRAYER

15 CALL TO COVENANT FAITHFULNESS

16-18 DAVID'S PAST DELIVERANCE AND ELEVATION AS KING

PSALM 19 TORAH

20-23 FUTURE KING'S DELIVERANCE AND KINGDOM OVER THE NATIONS

24 CALL TO COVENANT FAITHFULNESS



11:13

### BOOK 2

42-72

72-73 HOPE FOR A FUTURE RETURN TO THE TEMPLE IN ZION

72 FUTURE REIGN OF THE MESSIANIC KING

ECHOES THE PROPHETS: ISAIAH 11, 45, & 60; ZECHARIAH 9

FULFILLMENT OF GOD'S PROMISE TO ABRAHAM (PS 72:17 = GEN 12:3 & 22:17)

72:18-19

### BOOK 3

73-89

73-89 PROMISE OF A MESSIANIC KINGDOM

VERSUS EXILE & DOWNFALL OF DAVID'S KINGDOM

DON'T FORGET YOUR PROMISE

89:52

### BOOK 4

90-106

90 MOSES HAVE MERCY ON YOUR SERVANTS!

93-99 THE LORD REIGNS AS KING

"LET THE TREES CLAP, LET THE MOUNTAINS & RIVERS SING"



106:48

### BOOK 5

107-145

107-110 THE MESSIANIC KING DEFEATS EVIL & BRINGS GOD'S KINGDOM

113-118 THE HALLEL

118 MESSIANIC KINGDOM

PSALM 119 TORAH

120-136 THE SONGS OF ASCENTS

132 MESSIANIC KINGDOM



"GOD HAS RAISED UP A HORN FOR HIS PEOPLE" (118:11)

SEE 1 SAM 2:10 & PS 132:17

HALLELU - YAH PRAISE + YAHWEH

HALLELU-YAH 146 HALLELU-YAH

HALLELU-YAH 147 HALLELU-YAH

HALLELU-YAH 148 HALLELU-YAH

HALLELU-YAH 149 HALLELU-YAH

HALLELU-YAH 150 HALLELU-YAH

PSALMS: THE PRAYERBOOK OF GOD'S PEOPLE WHO ARE STRIVING TO BE FAITHFUL TO THE TORAH, AND WAITING FOR THE MESSIANIC KINGDOM

MAY THE LORD GOD OF ISRAEL BE BLESSED FOREVER, AMEN AND AMEN





# **DELVING INTO THE PSALMS**

**The Psalms are collection of ancient Hebrew poems, songs and prayers by various writers compiled by the people of Israel some time after their exile in Babylon**

**They are deliberately and cleverly collated into five different yet overlapping sections and themes**

**They served as a form of temple worship for the temple-less people God**



41:13

(PS 72:17 = GEN 12:3 & 22:17)

72:18-19

89:52

106:48

MAY THE LORD GOD OF ISRAEL BE BLESSED FOREVER, AMEN AND AMEN





Definitions

Summary

Synonyms ▶

# delve



in British English

(dɛlv  )

**verb** (*mainly intr*; often foll by *in* or *into*)

1. to inquire or research deeply or intensively  
(for information, etc)

*he delved in the Bible for quotations*

2. to search or rummage (in a drawer, the pockets, etc)



**1 Blessed is the one who does not walk in step with the wicked or stand in the way that sinners take or sit in the company of mockers,  
2 but whose delight is in the law of the Lord, and who meditates on his law day and night.**



**3 That person is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither - whatever they do prospers.**

**4 Not so the wicked!**

**They are like chaff that the wind blows away.**



**5 Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous.**

**6 For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.**



# TORAH

**The word translated as 'Law of the Lord' is 'Torah'**

**This may refer to the books of Moses, teaching/  
instruction or a combination of both**

**The '5 books' of The Psalms echoes the 5 books of  
Moses (known as the Pentateuch)**



# **תּוֹרָה**

***Pronunciation: toh-RAH***

***Definition: Law, Instruction, Teaching***

***Word Origin: Derived from the root יָרָה (yarah), meaning "to throw, shoot, or direct," often used in the context of teaching or instruction.***



***Usage: The term "Torah" primarily refers to the first five books of the Bible, also known as the Pentateuch. It encompasses the laws, commandments, and teachings given by God to the people of Israel through Moses. In a broader sense, "Torah" can refer to the entire body of Jewish religious teachings, including both written and oral traditions. It is often translated as "law" but carries a deeper connotation of divine instruction and guidance for living a life pleasing to God.***



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**THIS FIRST PSALM IS AN INVITATION TO DELVE INTO,  
INQUIRE, RESEARCH AND RUMMAGE AROUND IN THE  
DIVINE LAW AND INSTRUCTION OF THE LORD**



***“Clap along if you know what  
happiness is to you!”***

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**PHARRELL WILLIAMS**



**HAPPINESS IS...**



# **HAPPINESS IS...**

**Despite the materialistic and hedonistic culture we live in, deep down we all know what really matters!**

**'I just want them to be happy'**

**Psalm 1 invites us to understand and now how to be truly happy**



**אֵשֶׁר**

***Pronunciation: EH-sheer***

***Definition: Blessedness, happiness***

***Usage: ...often used to describe the condition of those who are in a right relationship with God... not merely about external circumstances but reflects an inner joy and contentment that comes from living according to God's will.***



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**IT IS NOTABLE THAT THE WORD 'BLESSED' IS ALSO THE  
KEYWORD THAT STARTS THE KEYNOTE TEACHING OF  
JESUS - THE SERMON ON THE MOUNT...**

**"...BLESSED ARE THE POOR IN SPIRIT..." (MATT 5)**



**1 Blessed (happy, fortunate, prosperous, and enviable) is the man who walks and lives not in the counsel of the ungodly [following their advice, their plans and purposes], nor stands [submissive and inactive] in the path where sinners walk, nor sits down [to relax and rest] where the scornful [and the mockers] gather.**



# BE BLESSED

**The road to blessed happiness begins by turning your back on the worldly way of doing things and not walking the way of the...**

**Ungodly (walking) *X***

**Sinner (standing) *X***

**Scornful (sitting) *X***



**2 But his delight and desire are in the law of the Lord, and on His law (the precepts, the instructions, the teachings of God) he habitually meditates (ponders and studies) by day and by night.**



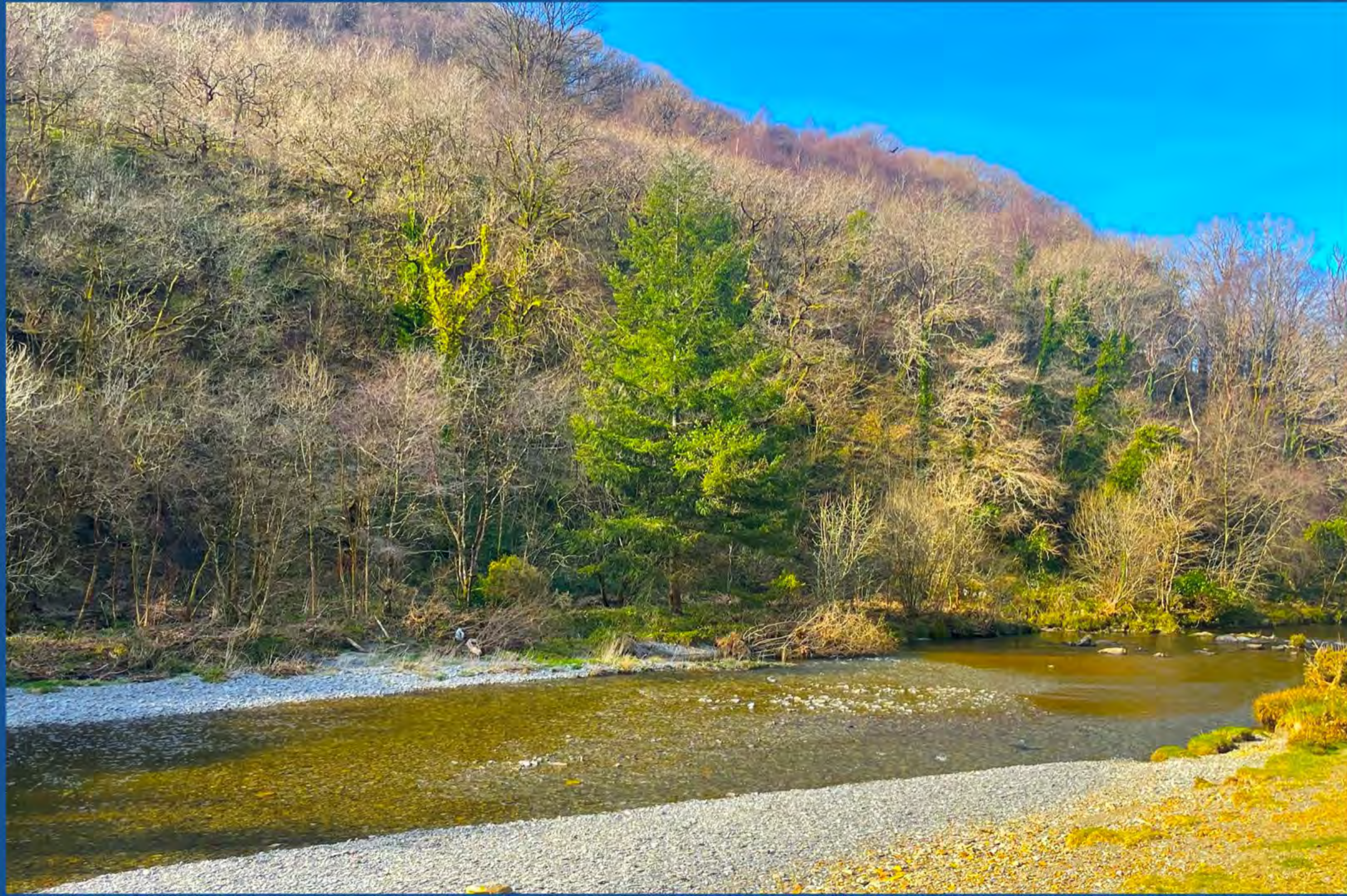
# BE BLESSED

**The road to blessed happiness is found in a Torah shaped lifestyle**

**There are an immeasurable amount of things competing for our delight and desire**

**We all meditate on something - what is the thing that dominates your thoughts?**







# TORAH TREES

**As we delight in the Lord and live by His word we become fruitful and blessed**

**The compilers of the Psalms want us to trust Him as we journey the reality of human experience**

**Through pain or praise, the word of the Lord is our source of life, nourishment and strength**











# SAPLING

**You may not know the word of God from back to front and inside out but every word gives life**

**Find ways to make sure that your mind is filled with the ways and the word of The Lord**

**Every previous generation of believers would marvel and envy at the opportunities we have!**



**THE OPPOSITE OF THE STRONG, LIFE-FILLED, FRUITFUL  
TREE BY THE WATER IS THE DEAD, DRY, INSIGNIFICANT  
CHAFF THAT IS BLOWN AWAY IN THE WIND**







# **HIGHWAY TO HELL?**

**They may have moments in the spotlight or of  
instant gratification but it is all blown away**

**True and eternal prosperity is found only by  
walking in the statutes and will of the Lord**

**If we choose the way of the ungodly, the sinner and  
the scornful the road leads to dead-end...**



**5 Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous.**

**6 For the Lord watches over the way of the righteous, but the way of the wicked leads to destruction.**



***“Psalm 1 is a reflection on two different ways of being human”***

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**THE BIBLE PROJECT**

**[WWW.YOUTUBE.COM/WATCH?V=E7K01KFBX6Y](http://WWW.YOUTUBE.COM/WATCH?V=E7K01KFBX6Y)**



**IF WE CHOOSE THE WAY OF LIFE WE WILL BECOME  
BLESSED, STRONG, FRUITFUL AND GIVE LIFE TO THE  
WORLD AND THE PEOPLE AROUND US**



***“His delight is in the law of the Lord.’ He is not under the law as a curse and condemnation, but he is in it, and he delights to be in it as his rule of life; he delights, moreover, to meditate in it, to read it by day, and think upon it by night. He takes a text and carries it with him all day long; and in the night-watches, when sleep forsakes his eyelids, he museth upon the Word of God. In the day of his prosperity he sings psalms out of the Word of God, and in the night of his affliction he comforts himself with promises out of the same book. “The law of the Lord” is the daily bread of the true believer.”***

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**CHARLES SPURGEON'S COMMENTARY ON PSALM 1**



# DELVE IN

**Let's delve into the Psalms together**

**Let's divert away from godlessness, sin and scorn**

**Let's delight in the word and the ways of the Lord**